FRAUEN
REFERAT
Frankfurt am Main

GUIDE

LIVING WITH CANCER IN FRANKFURT

Stadt Frankfurt am Main

Dear Readers,

In 1997 the first edition of this guide by the women's department addressed women afflicted with breast cancer. With good reason: Breast cancer is by far the most common cancer incidence in women. According to the latest numbers from the Robert-Koch-Institute, currently around 72,000 women in Germany become ill with breast cancer annually, which means that about one in eight women is affected during her lifetime.

However, women don't just suffer from breast cancer and our advice regarding other types of cancer is equally helpful to women and men. For this reason, this guide was created in its current form in collaboration with the Office for Health in 2006.

Directly and indirectly affected individuals need their strength and energy for dealing with the disease and not for the time-consuming search through a complex and confusing, but also varied help system.

Since mostly women take advantage of the existing offers for counselling, my office has taken the initiative to edit and update this guide together with the division for women's affairs.

I hope our information is helpful to you, your family, friends, acquaintances and colleagues and wish you a full recovery and best wishes from the bottom of my heart!

Sarah Sorge
Councilwoman
Division for Education and Women's Affairs
of the city of Frankfurt am Main

Dear readers,

The diagnosis of cancer suddenly rips those concerned as well as their relatives out of their normal daily lives and brings up many questions. Fear, despair and uncertainty regarding the possibilities for a cure, but also in regard to the treatment and its consequences frequently surface. Relatives and friends often don't know how to behave and need support themselves. There is a flood of information to process and there are far-reaching decisions to be made in a short amount of time.

From the work of the Psychosocial Cancer Counselling Agency Frankfurt we know that in Frankfurt the need for psychosocial and other support systems is great. About three quarters of those seeking advice are women. Therefore it was a particular concern of the Department for women's Affairs Frankfurt to revise this guide.

The care environment has changed in Frankfurt since the last edition of "Living with Cancer in Frankfurt" was issued in 2006. Several services have disappeared, others have been added. There are a number of services especially for women which are listed separately in this guide. Overall, the spectrum of support services in Frankfurt is large, yet at the same time a bit confusing.

We hope to provide you with a good orientation aid with this guide.

Gabriele Wenner
Head of the Department
for women's Affairs
City of Frankfurt am Main

Hanna Bohnenkamp
Director of the Psychosocial
Cancer Counselling Agency
of the Hessian Cancer Society,
a registered association

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21 Equitable Welfare Association Hessia, a registered association (Paritätischer Wohlfahrtsverband Hessen e.V.)
21 Glandula – Network for Pituatary and Adrenal Gland Diseases, a registered association (Glandula – Netzwerk Hypophysen- und Nebennierenerkrankungen e.V.)
21 Leukemia Help Rhine-Main g.e.V (Leukämiehilfe Rhein-Main g.e.V.)
21 Men active against Cancer, a registered association (Männer aktiv gegen Krebs e.V.)
21 Prostate Cancer Self Help, a registered association (Prostatakrebs Selbsthilfe e.V.)
22 Self-help group for those suffering or related to those suffering from intestinal cancer and hereditary intestinal cancer in Frankfurt am Main

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23 Working Group of Pancreatic Patients, a registered association (Arbeitskreis der Pankreatektomierten e.V.)
23 Federal Association for Prostate Cancer Self Help, a registered association (Bundesverband Prostatakrebs Selbsthilfe e.V. – BPS)
23 German Brain Tumour Help (Deutsche Hirntumorhilfe)
23 German Leukaemia and Lymphoma Help, a registered association (Deutsche Leukämie- und Lymphom-Hilfe e.V. – DLH)
23 Self Help Association Bladder Cancer, a registered association (Selbsthilfe-Bund Blasenkrebs e.V.)

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25 German Federal Pension Insurance
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25 Hessian Department for Care and Social Benefits - Pension Office
(Hessisches Amt für Versorgung und Soziales – Versorgungsamt)
26 Integration Specialty Service Rhine-Main
(Integrationsfachdienst Rhein-Main)
26 Institute for transcultural Care, a registered association
(Institut für transkulturelle Betreuung e.V.)
26 Social Association (Sozialverband VdK)
27 [Independent Patient Counselling Germany
(Unabhängige Patientenberatung Deutschland – UPD)
27 Office for Insurance (Versicherungsamt)

SUPPORT AND CARE

28 Care Support Service Frankfurt am Main
(Pflegestützpunkt Frankfurt am Main)

28 **Outpatient Support Services**
28 Community Institute (Bürgerinstitut)
28 Caritas Association Frankfurt, a registered association
(Caritasverband Frankfurt e.V.)
29 Deaconry gGmbH/Protestant In-home Care
(Diakoniestationen gGmbH/Evangelische Hauskrankenpflege)
29 Emergency services for mothers (Notmütterdienst)

29 **Hospice and palliative services**
29 Outpatient Children's Hospice Service Frankfurt/Rhine-Main
(Ambulanter Kinderhospizdienst Frankfurt/Rhein-Main)
29 Protestant Hospital for palliative medicine
(Evangelisches Hospital für palliative Medizin)
30 Hospice Sankt Katharina
30 Hospice and palliative telephone of the city of Frankfurt
and the community institute, a registered association
(Hospiz- und Palliativtelefon der Stadt Frankfurt und
des Bürgerinstituts e.V.)
30 Palliative Team Frankfurt, a nonprofit limited liability company
(Palliativ-Team Frankfurt – gemeinnützige GmbH)

NATIONAL SERVICES

33 **Specialty associations and information services**
33 German Cancer Research Centre Heidelberg
(Deutsches Krebsforschungszentrum Heidelberg)
33 German Cancer Association, a registered association
(Deutsche Krebsgesellschaft e.V.)
34 German Cancer Help, a registered association
(Deutsche Krebshilfe e.V.)
34 Hessian Cancer Association, a registered association
(Hessische Krebsgesellschaft e.V.)

35 **Topic specific agencies**
35 German Fatigue Association, a registered association
(Deutsche Fatigue Gesellschaft e.V.)
35 Association for Biological Cancer Defence (GfBK), a registered
association (Gesellschaft für Biologische Krebsabwehr – GfBK – e.V.)
35 Oedema Clinic Bad Nauheim (Ödemklinik Bad Nauheim)
35 University Centre for Tumour Diseases
(Universitäres Centrum für Tumorerkrankungen)

36 **Women specific agencies**
36 Komen Germany, a registered association (Komen Deutschland e.V.)
36 Mamazone/Women and Research against Breast Cancer,
a registered association
(Mamazone/Frauen und Forschung gegen Brustkrebs e.V.)
36 Rexrodt von Fircks Foundation (Rexrodt von Fircks Stiftung)

37 **Internet addresses**



As a contact point for all questions having to do with the disease, the Psychosocial Cancer Counselling Agency Frankfurt of the Hessian Cancer Society, a registered association, offers information and psycho-oncological counselling to all people who are affected by cancer – patients, their relatives and friends.

In addition, there are numerous professional psychosocial and medical counselling services for specific groups of people which we will introduce on the following pages.

FOR CANCER PATIENTS AS WELL AS RELATIVES

Psychosocial Cancer Counselling Agency of the Hessian Cancer Association, a registered association (Psychosoziale Krebsberatungsstelle der Hessischen Krebsgesellschaft e.V.)
Töngesgasse 39
60311 Frankfurt am Main

Telephone 069-21990887
frankfurt@krebsberatung-hessen.de
www.krebsberatung-hessen.de

- PPsycho-oncological counselling:
  – for psychological stress
  – for processing and managing the disease and its consequences
  – for questions regarding sick pay, health insurance, rehabilitation, disability, care, pension insurance, professional rehabilitation and orientation
- Support in crisis situations
- Counselling and support in all phases of the disease
- Psycho-oncologically supported groups
- Medical counselling: Explanation of findings and therapies
- Informational material about the diseases, therapies and related topics
- Referral to additional addresses such as e.g. self-help groups, sport and exercise services

The information and counselling service is available free of charge. Counselling is provided in the form of individual, couple or family counselling sessions and can be done in person and by phone.

SERVICES FOR CHILDREN AND PARENTS

Help for children of parents suffering from cancer, a registered association (Hilfe für Kinder krebskranker Eltern e.V.)
Güntherstraße 4a
60528 Frankfurt am Main

Telephone 069-67724504
Fax 069-67724504
hkke@hilfe-fuer-kinder-krebskranker.de
www.hilfe-fuer-kinder-krebskranker.de

- Support for parents and children dealing disease-related stress
- The service is also directed at other caregivers (e.g. teachers, educators)

Flüsterpost e.V.
Kaiserstraße 56
55116 Mainz

Office: Karin Willmann
Telephone 06131-5548798
Fax 06131-5548608
info@kinder-krebskranker-eltern.de

- Support for children of parents suffering from cancer
- Free counselling for children, parents, relatives and specialists

Help for Children suffering from cancer Frankfurt, a registered association (Hilfe für krebskranke Kinder Frankfurt e.V.)
Komturstraße 3
60528 Frankfurt am Main

Telephone 069-967807-0
info@hfkk.de
www.kinderkrebs-frankfurt.de

- Psychological and social law counselling, conversation groups, self-help group “Grieving Parents”
- Child care
- Stay and overnight accommodation possibilities in the family centre near the clinic
- Recovery vacation in the association’s vacation flats
- Acquisition and granting of subsidies, financial support of families

SERVICES FOR WOMEN

Family Health Centre (FamilienGesundheitsZentrum)
Neuhofstraße 32 H
60318 Frankfurt am Main

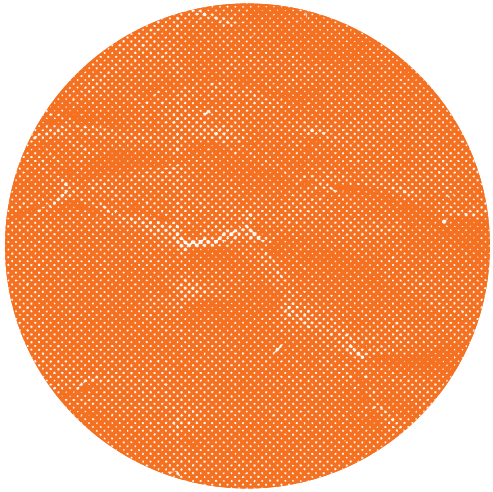
Telephone 069-591700
info@fgzn.de
www.fgzn.de

- Psychosocial counselling and support in cancer

Feminist Women’s Health Centre – FFGZ, a registered association (Feministisches Frauengesundheitszentrum – FFGZ e.V.)
Kasseler Straße 1a (Ökohaus)
60486 Frankfurt am Main

Telephone 069-701218
mail@ffgz-frankfurt.de
www.ffgz-frankfurt.de

- Assistance for finding psychotherapy
- Advice on Natural Medicine in cancer
- Informational events regarding the treatment of breast cancer and the early detection of breast cancer, referral of helpful addresses for self-help, as well as for psychosocial and health care



Pro Familia
Palmengartenstraße 14
60325 Frankfurt am Main

Telephone 069-90744744
frankfurt-main@profamilia.de
www.profamilia.de/frankfurt-main

- Informational events by physicians regarding breast health
- Breast self examination after the "Mama-Care-Method" as well
- Counselling regarding sexuality and breast cancer as well as individual and couples counselling in the medical consultation

Consultation on familial breast and ovarian cancer (Sprechstunde Familiärer Brust- und Eierstockkrebs)
Unifrauenklinik
Theodor-Stern-Kai 7
60590 Frankfurt am Main

Telephone consultation Thu. 2–3:30 pm
Telephone 069-6301-8325
www.kgu.de/zfg

- Consultation for diseases with high frequency within a family

Office for Public Health of the City of Frankfurt am Main (Amt für Gesundheit der Stadt Frankfurt am Main)
Breite Gasse 28
60313 Frankfurt am Main

Telephone 069-212-43272
info.brust@stadt-frankfurt.de

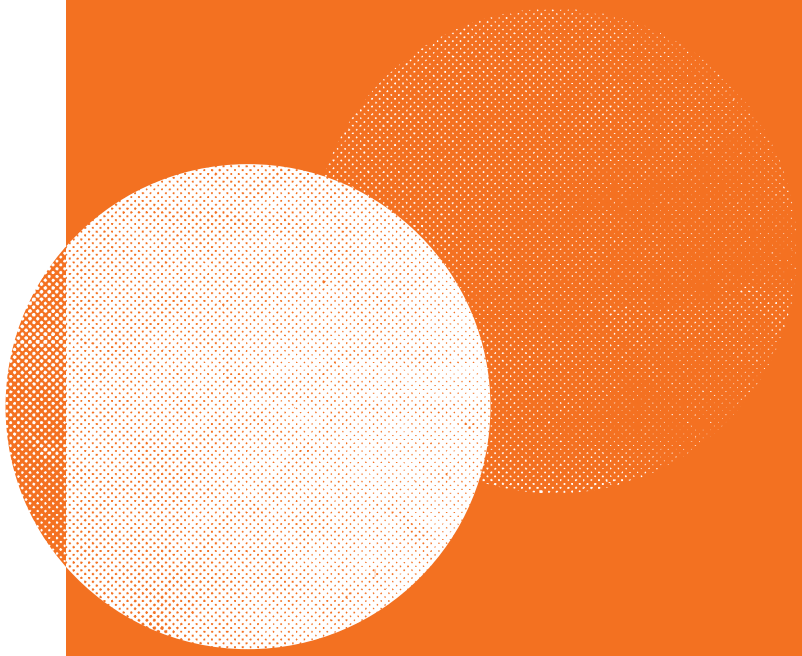
- Instructions for breast self examination, information and counselling regarding self examination

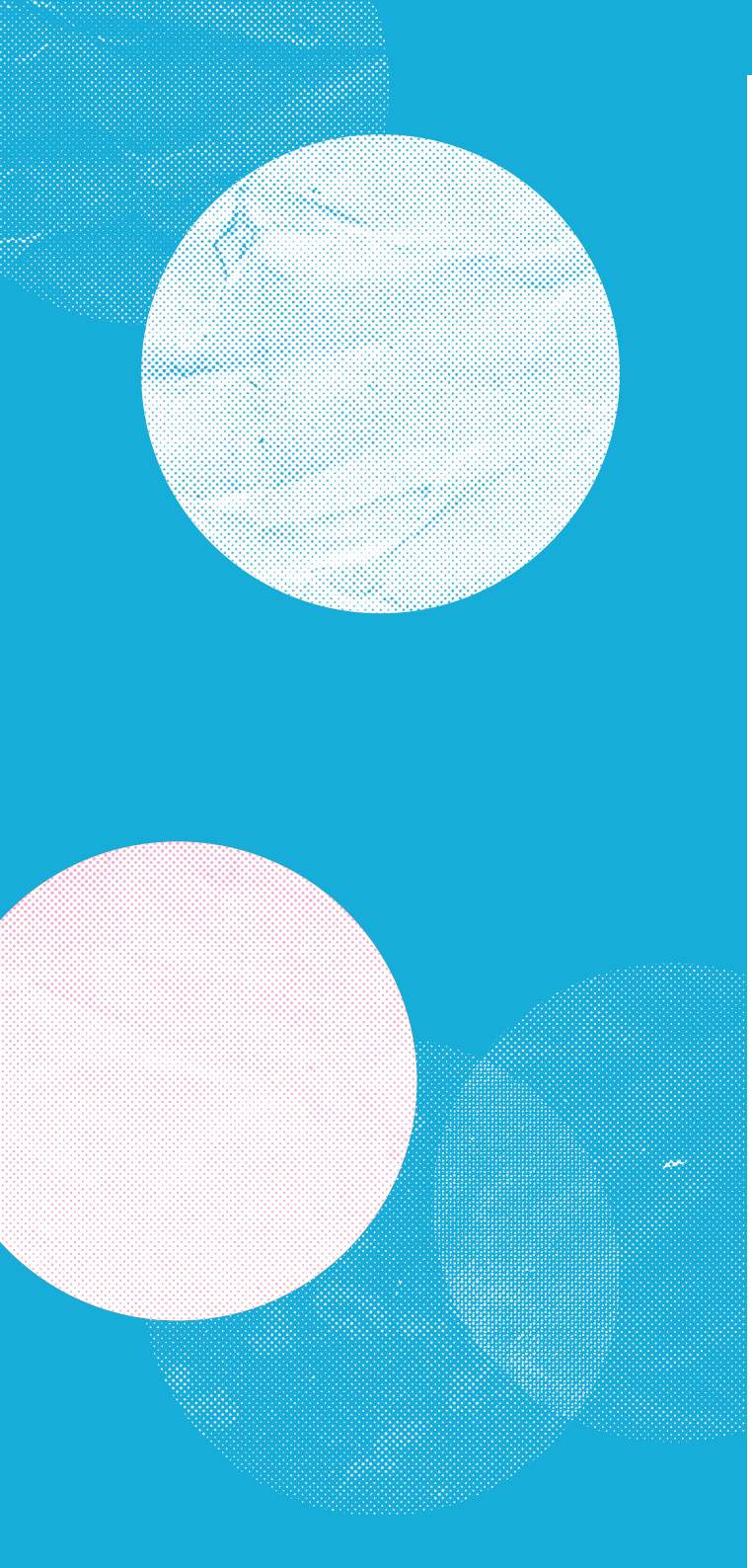
SUPPORT SERVICES IN THE CLINICS

Complementary to medical treatment, counselling and care for the psychological and social consequences of cancer are offered during the hospital stay.

In most hospitals in Frankfurt an accompanying psycho-oncological consultation is part of the tumour therapy for patients as well as for their relatives. Psycho-oncologists specifically trained on the topic of cancer illness offer support to those affected in coping with the disease and advise regarding emotional and social stress. These specialists can be reached in special psycho-oncological departments/services of the hospitals or in social services.

Patients receive support from the hospitals' social services regarding questions for the continuing care after the hospital treatment such as medical rehabilitation, care, disability and other social law topics. More detailed information regarding the services and availability of psycho-oncology and social services is available in the hospital main office or from the station administration.





Everything that contributes to well-being, supports the patients during the treatment process and beyond. Exercise, balance, creative expressions offer possibilities for improving the quality of life individually and together.

You can obtain information regarding services specifically geared toward cancer patients at the addresses listed below. Additional services can be found in community education programs, sport and exercise club programs or at church or private providers that couldn't be listed here in detail. It is also worth asking about available services at the clinics.

CCB Herzwerk GmbH
Friedberger Landstraße 406
60389 Frankfurt am Main

Telephone 069-9542593-0
Fax 069-9542593-10
info@ccb-herzwerk.de
www.ccb-herzwerk.de

- Follow-up care sports program for supporting the healing process
- For the rehab package you have to submit an application with the treating physician
- The package costs 39 Euros per month with a prescription, 96 Euros as a private package
- Completed in cooperation with the Oncology Bethanien: onkologie.bethanien@telemed.de

German Society for Nutrition, a registered association (Deutsche Gesellschaft für Ernährung e.V.)
www.dge.de

- List of the nutritionists certified there (sorted by postal code)

  www.dge-medienservice.de
- Ordering the brochure "Essen und Trinken bei Krebs" [Eating and Drinking with Cancer] (subject to a charge)

German Cancer Support, a registered association (Deutsche Krebshilfe e.V.)
Buschstraße 32
53113 Bonn

Telephone 0228-72990-0
deutsche@krebshilfe.de
www.krebshilfe.de

- Informational brochure “Ernährung bei Krebs” [Nutrition with Cancer] and “Bewegung und Sport bei Krebs” [Exercise and Sport with Cancer]

Foundation Living with Cancer (Stiftung Leben mit Krebs)
Mainzer Straße 48
55252 Mainz-Kastel

info@stiftung-leben-mit-krebs.de
www.stiftung-leben-mit-krebs.de
www.rudern-gegen-krebs.de

- Participation in a sports program in combination with a sports medical entrance examination, a consultation regarding the individually suitable endurance sport and a sports medical follow-up examination
- The goals are the improvement of physical performance, the reduction of the side effects of chemotherapy and the strengthening of the immune system
- The service is available to all interested patients
- in cooperation with:

Institut für Sportwissenschaften
Abteilung Sportmedizin der Goethe-Universität
Ginnheimer Landstraße 39
60487 Frankfurt am Main

Contact person/registration:
Dr. Marcus Bernhörster
Telephone 069-79824489
m.bernhoerster@sport.uni-frankfurt.de
Ms. Schmidt, Telephone 069-79824586

Städel Museum
Schaumainkai 63
60596 Frankfurt am Main
www.staedelmuseum.de

- Course program for conveying art to patients
- Viewing pictures, discussion and practice
- Funded by the Stiftung Leben mit Krebs[Living with Cancer Foundation]

EXERCISE, RELAXATION, NUTRITION AND WELL-BEING

SERVICES FOR WOMEN

DKMS LIFE gGmbH
Scheidtweilerstraße 63–65
50933 Köln

Telephone 0221-9405824100
info@dkms-life.de
www.dkms-life.de.de

- Complimentary cosmetics workshops are offered nationwide for cancer patients in treatment. The dates for courses at various locations in Frankfurt are available upon request
- Tips for well-being and for improving your feeling of self-worth can also be found on the home page

Protestant Family Education Frankfurt am Main (Evangelische Familienbildung Frankfurt am Main)
Darmstädter Landstraße 81
60598 Frankfurt am Main

Telephone 069-605004-11
info@familienbildung-ffm.de
www.familienbildung-ffm.de

- Exercise course for women with breast cancer
- Gymnastics for women after cancer surgery

State Sport Association Hessia, a registered association (Landessportbund Hessen e.V.)
Referat Frauen im Sport
Otto-Fleck-Schneise 4
60528 Frankfurt am Main

Telephone 069-6789-259
Fax 069-6789-109
frauen@lsbh.de
www.landessportbund-hessen.de/frauen

- Rehabilitation sports for women after (breast) cancer surgery, information about sports programs



In Frankfurt there are a large number of self-help groups with various areas of focus on the topic of cancer. In general the services are geared toward the patients and their relatives. Frequently there are also specific informational events in addition to the group meetings. Several self-help groups or associations have published their own information brochures.

The current contact information and information about the individual self-help groups in Frankfurt is available at the self-help contact location and at self-help associations.

Self Help Agency Frankfurt (Selbsthilfe-Kontaktstelle Frankfurt)
Jahnstraße 49
60318 Frankfurt am Main

Telephone Office Hours:
Mon. and Tue. 10 am–2 pm, Thu. 3–7 pm
Telephone 069-559444 (Consultation regarding self-help groups)
service@selbsthilfe-frankfurt.net
www.selbsthilfe-frankfurt.net

- Current information and contact information about self-help groups in Frankfurt
- Assistance in starting up new self-help groups

SELF-HELP ASSOCIATIONS AND COUNSELLING

District Association for those without a Larynx Frankfurt am Main, a registered association (Bezirksverein der Kehlkopflosen Frankfurt am Main e.V.)
www.kehlkopflose-frankfurt.de

- Every other Thursday of the month starting at 2:30 pm in the community centre Frankfurt Griesheim (Saalbau AG), right next to the S-Bahn station

Cancer of the Bladder Self Help Group Frankfurt am Main (Blasenkrebs Selbsthilfegruppe Frankfurt am Main)
Klinik für Urologie im Klinikum der
Johann Wolfgang Goethe-Universität
Theodor-Stern-Kai 7
60596 Frankfurt am Main

- Lecture room C331 (House 23 C/ground floor) on the 3rd Tuesday of every month at 6 pm

Federal Association of those without a Larynx and Larynx Patients, a registered association (Bundesverband der Kehlkopflosen und Kehlkopfoperierten e.V.)
Bezirksverein Frankfurt
Faulbrunnenweg 24
65934 Frankfurt

Telephone 069-397874
www.kehlkopflosenbundesverband.de

Federal Association for Lymph Self Help, a registered association (Bundesverband Lymphselbsthilfe e.V.)
Mühlweg 8
35440 Linden
www.bundesverband-lymphselbsthilfe.de

German Ilco, a registered association, State Association Hessia (Deutsche Ilco e.V., Landesverband Hessen)
Drosselweg 8
64625 Bensheim

Telephone 06251-72209
ilco-hessen-schroeter@t-online.de
www.ilco.de

- Self-help organisation for people with ileostomy or artificial urinary diversion (stoma) and for people with intestinal cancer

Equitable Welfare Association Hessia, a registered association (Paritätischer Wohlfahrtsverband Hessen e.V. – DPWV)
Krebsberatung – Betroffene helfen Betroffenen
Auf der Körnerwiese 5
60322 Frankfurt am Main

Telephone 069-95526254
krebsberatung@paritaet-hessen.org
www.dpwv.de

Glandula – Network for Pituatary and Adrenal Gland Diseases, a registered association (Glandula – Netzwerk Hypophysen- und Nebennierenerkrankungen e.V.)
Regionalgruppe Frankfurt

Mr. Werner Mieskes
Telephone 06136-958550
netzwerk@wmieskes.de
www.glandula-online.de

Leukemia Help Rhine-Main g.e.V.] (Leukämiehilfe Rhein-Main g.e.V.)
Falltorweg 6
65428 Rüsselsheim

Telephone 06142-32240
buero@lhrm.de
www.leukaemiehilfe-rhein-main.de

- Self-help organisation for people with leukaemia or lymphoma diseases

Men active against Cancer, a registered association (Männer aktiv gegen Krebs e.V.)
Vorsitzender: Thorsten Fittkau
Im Erlig 23a
63500 Seligenstadt

Telephone 06182-947676
info@maenner-aktiv-gegen-krebs.de
www.maenner-aktiv-gegen-krebs.de

Prostate Cancer Self Help, a registered association (Prostatakrebs Selbsthilfe e.V.)
Telephone 069-69598839
www.prostatakrebs-bps.de

Self-help group for those suffering or related to those suffering from intestinal cancer and hereditary intestinal cancer in Frankfurt am Main (Selbsthilfegruppe für Betroffene und Angehörige von Darmkrebs und vererbbarem Darmkrebs in Frankfurt am Main)
Gederner Straße 57
60435 Frankfurt am Main

Telephone 069-54810895
stomalive@stoma-seite.de
www.stoma-seite.de

SERVICES FOR WOMEN

BRCA-familial Breast Cancer and Ovarian Cancer (BRCA-familiärer Brust- und Eierstockkrebs – Netzwerk Rhein-Main-Taunus)
Gesprächskreis Kelkheim
Kulturbahnhof Münster, 1. Etage
Zeilsheimer Straße 8a
65799 Kelkheim

Registration requested:
Anne Mönnich
Telephone 06195-671801
anne.moennich@brca-netzwerk.de

Women's Self Help after Cancer, a registered association (Frauenselbsthilfe nach Krebs e.V.)
Gruppe Frankfurt
c/o Renate Lochner

Telephone 069-47885550
renate-lochner@t-online.de
www.frauenselbsthilfe.de/frankfurt.html

- Regular meetings for affected women, men and their relatives
- Bedside and telephone assistance as well

NATIONAL SERVICES

Working Group of Pancreatic Patients, a registered association (Arbeitskreis der Pankreatektomierten e.V. AdP – Bauchspeicheldrüsenerkrankte)
Haus der Krebs-Selbsthilfe
Thomas-Mann-Straße 40
53111 Bonn

Telephone 0228-33889-251 or -252
Fax 0228-33889-253
bgs@adp-bonn.de
www.adp-bonn.de

Federal Association for Prostate Cancer Self Help (BPS), a registered association (Bundesverband Prostatakrebs Selbsthilfe – BPS – e.V.)
Fee free counselling hotline 0800-7080123

- The counsellors are available Tuesdays, Wednesdays and Thursdays (except on national holidays) during the hours of 3 pm to 6 pm

German Brain Tumour Help (Deutsche Hirntumorhilfe)
Telephone 0341-5909396
info@hirntumorhilfe.de
www.hirntumorhilfe.de

German Leukaemia and Lymphoma Help, a registered association Deutsche Leukämie- und Lymphom-Hilfe e.V. (DLH)
Telephone 0228-33889-200
Fax 0228-33889-222
info@leukaemie-hilfe.de
www.leukaemie-hilfe.de

Self Help Association Bladder Cancer, a registered association (Selbsthilfe-Bund Blasenkrebs e.V.)
Siepmanns Hof 9
45479 Mühlheim/Ruhr

Telephone 0208-62196041
Fax 0208-422517
schroeder@selbsthilfe-bund-blasenkrebs.de
www.selbsthilfe-bund-blasenkrebs.de
www.forum-blasenkrebs.de



Care Service of the City of Frankfurt
(Betreuungsstelle der Stadt Frankfurt)
Jugend- und Sozialamt
Hansaallee 150
60320 Frankfurt am Main

Telephone 069-212-37056 or -49966 (Hotline)
Betreuungsstelle.amt51@stadt-frankfurt.de

- Information about health care power of attorney and health care proxy

German Federal Pension Insurance
(Deutsche Rentenversicherung Bund)
Stiftstraße 9–17
60313 Frankfurt am Main

Telephone 069-299980

- Counselling regarding pension law and rehab questions

German Pension Insurance Hessia
(Deutsche Rentenversicherung Hessen)
Städelstraße 28
60596 Frankfurt am Main

Telephone 069-6052-0
www.deutsche-rentenversicherung-hessen.de

- Counselling regarding pension law and rehab questions

Hessian Department for Care and Social Benefits - Pension Office
(Hessisches Amt für Versorgung und Soziales – Versorgungsamt)
Walter-Möller-Platz 1
60439 Frankfurt am Main

Telephone 069-1567-1 (central)
Post@HAVS-Fra.Hessen.de

- Counselling and application for a disabled person's pass

Integration Specialty Service Rhine-Main
(Integrationsfachdienst Rhein-Main)
Frankfurter Verein für soziale Heimstätten
Sonnemannstraße 5
60314 Frankfurt am Main

Telephone 069-758079-0
ifd@frankfurter-verein.de
www.frankfurter-verein.de

- Agency and expert service for the professional integration of handicapped people
- Counselling for existing employment conditions

Institute for transcultural Care, a registered association
(Institut für transkulturelle Betreuung e.V.)
Zentrale Hannover

Telephone 0511-590920-0
Fax 0511-590920-10
info@itb-ev.de
www.itb-ev.de

- Native language brochures about the personal care law

Social Association (Sozialverband VdK)
Ortsverband Frankfurt Bockenheim, Geschäftsstelle
Adalbertstraße 45
60486 Frankfurt am Main

Chairman: Thomas Giertz
Telephone 069-706656
Fax 069-24779881
giertz@vdk.de

- Pension, health, long term care and accident insurance, rehabilitation, recovery assistance and cures, housing allowance, social and elderly support, social restitution, disability rights
- free of charge for members

Independent Patient Counselling Germany
(Unabhängige Patientenberatung Deutschland – UPD)
Beratungsstelle Gießen
Liebigstraße 15
35390 Gießen

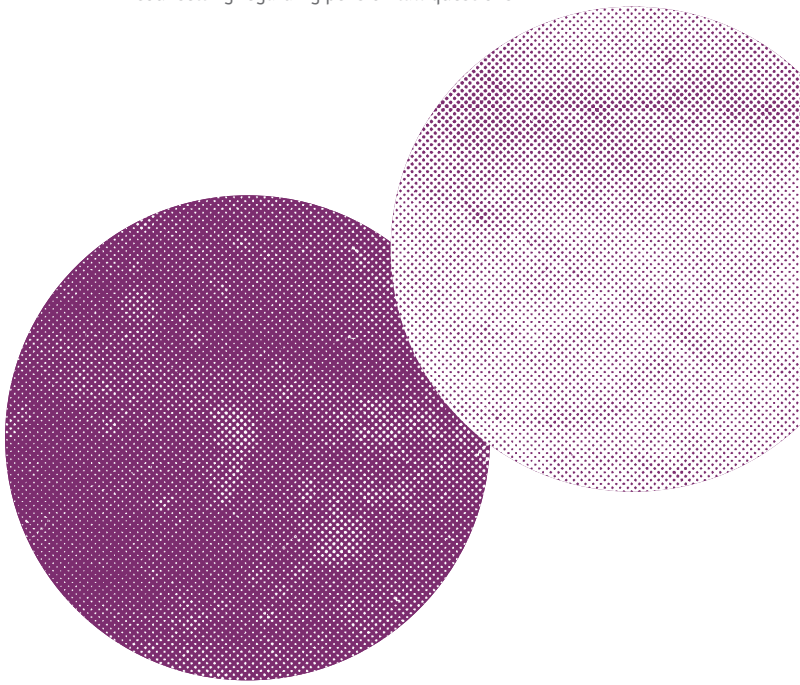
Telephone 0641-3013345
Fax 0641-3019429
giessen@upd-online.de

- Complimentary telephone and personal counselling regarding health questions, civil and social law, as well as psychosocial questions
- Complimentary UPD counselling telephone: 0800-0117722
- Turkish: 0800-0117723
- Russian: 0800-0117724

Office for Insurance (Versicherungsamt)
Jugend- und Sozialamt
Sandgasse 6
60311 Frankfurt am Main

Telephone 069-212-34925 oder -44077
info.versicherungsamt@stadt-frankfurt.de

- Counselling regarding pension law questions



Care Support Service Frankfurt am Main
(Pflegestützpunkt Frankfurt am Main)
Rathaus für Senioren
Hansaallee 150
60320 Frankfurt am Main

Telephone 0800-5893659 (free Hotline)
Fax 069-21230741
pflegestuetzpunkt@frankfurt.de

- Guide for the counselling and referral system
- Information about existing counselling services in the neighbourhoods, referral and counselling
- Upon request home visits can be set up

OUTPATIENT CARE SERVICES

Community Institute, a registered association
(Bürgerinstitut e.V.)
Oberlindau 20
60323 Frankfurt am Main

Telephone 069-972017-0 (central)
www.buergerinstitut-ffm.de

Outpatient hospice group
Telephone 069-97201724

Caritas Association Frankfurt, a registered association
(Caritasverband Frankfurt e.V.)
Alte Mainzer Gasse 10
60311 Frankfurt am Main

Telephone 069-2982-0 (central)
info@caritas-frankfurt.de
www.ocvfrankfurt.caritas.de

Telephone for related caretakers 069-2982405

Deaconry gGmbH/Protestant In-home Care
(Diakoniestationen gGmbH/Evangelische Hauskrankenpflege)
Battonnstraße 26–28
60311 Frankfurt am Main

Telephone 069-25492121 (central)
info@epzffm.de

Counselling for related caretakers and patients
Telephone 069-25492141

Emergency services for mothers (Notmütterdienst)
Familien- und Seniorenhilfe e.V.
Sophienstraße 28
60487 Frankfurt am Main

Telephone 069-951033-0
Fax 069-951033-77
frankfurt@nmd-ev.de
www.notmuetterdienst.org

- Child care, family assistance, household help
- 24 hour or hourly care and household care for persons in need of assistance with and without children

HOSPICE AND PALLIATIVE SERVICES

Outpatient Children's Hospice Service Frankfurt/Rhine-Main
(Ambulanter Kinderhospizdienst Frankfurt/Rhein-Main)
Fellnerstraße 11
60322 Frankfurt am Main

Telephone 069-90553779
Fax 069-90553758
frankfurt@deutscher-kinderhospizverein.de

Protestant Hospital for palliative medicine
(Evangelisches Hospital für palliative Medizin)
Rechneigrabenstraße 12
60311 Frankfurt am Main

Telephone 069-299879-0
info@palliativ-hospital.de
www.palliativ-hospital.de

Hospice Sankt Katharina (Hospiz Sankt Katharina)
Seckbacher Landstraße 65 E
60389 Frankfurt am Main

Telephone 069-46032101
info@hospiz-sankt-katharina.de
www.hospiz-sankt-katharina.de

- Palliative care and support

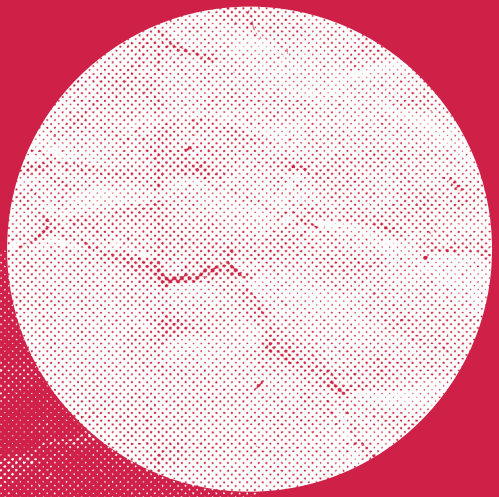
Hospice and palliative telephone of the city of Frankfurt and the community institute, a registered association (Hospiz- und Palliativtelefon der Stadt Frankfurt und des Bürgerinstituts e.V.)
Daily 9 am to 9 pm
Telephone 069-97201718

- Additional information at
www.frankfurt.de "hospice and palliative care"

Palliative Team Frankfurt, a nonprofit limited liability company (Palliativ-Team Frankfurt – gemeinnützige GmbH)
Heinestraße 15
60322 Frankfurt am Main

Telephone 069-1302556100
Fax 069-1302556111
info@palliativteam-frankfurt.de

- A team of physicians and palliative care nursing staff
- Patients and care providers receive a separate telephone number with 24 hour availability
- Support for severely ill people during the final phase of life



EXPERT ASSOCIATIONS AND INFORMATION SERVICES

German Cancer Research Centre Heidelberg
(Deutsches Krebsforschungszentrum Heidelberg
Krebsinformationsdienst KID)
Im Neuenheimer Feld 280
69120 Heidelberg

Free hotline (daily from 8 am to 8 pm)
Telephone 0800-4203040
krebsinformationsdienst@dkfz.de
www.krebsinformationsdienst.de

- Information for patients and their relatives about the causes, prevention, diagnosis, treatment, follow-up care, pain with cancer, about fatigue and mammography screening
- Guide to physicians, counselling agencies, self-help, brochures, etc.

German Cancer Association, a registered association
(Deutsche Krebsgesellschaft e.V.)
Kuno-Fischer-Straße 8
14057 Berlin

Telephone 030-3229329-0
Fax 030-3229329-66
web@krebsgesellschaft.de
www.krebsgesellschaft.de

- Largest scientific oncological expert association in Germany
- Research on prevention, early detection, treatment, improvement of the quality of life
- Information, patient magazine, notices for events, TV and radio
- Professional conventions and patient events
- Summary of certified tumour centres

German Cancer Help, a registered association
(Deutsche Krebshilfe e.V.)
Buschstraße 32
53113 Bonn

Telephone 0228-72990-0
deutsche@krebshilfe.de
www.krebshilfe.de

Beratungsdienst: Telefon 0228-72990-95
beratungsdienst@krebshilfe.de

- Projektförderung zur Verbesserung der Prävention, Früherkennung, Diagnose, Therapie, Nachsorge und Selbsthilfe
- Finanzielle Unterstützung von Kliniken, Beratungsstellen, Projekten
- Informationsveranstaltungen zur Verbesserung der Krebsbekämpfung
- Beratung, Hilfe und im begründeten Einzelfall auch finanzielle Unterstützung für Menschen, die durch eine Krebserkrankung in Not geraten sind
- Zahlreiche Informationsbroschüren über Tumorarten, Prävention, Ernährung, Hilfen für Angehörige u. a.

Hessian Cancer Association, a registered association
(Hessische Krebsgesellschaft e.V.)
Töngesgasse 39
60311 Frankfurt

Telephone 069-21990887
Fax 069-21996633
www.hessische-krebsgesellschaft.de

- Psychosocial cancer counselling agencies in Hesse (Bad Soden-Salmünster, Frankfurt, Wiesbaden, Bad Wildungen, Marburg and Fulda)
- Information about cancer centres and specialists in cancer treatment, self-help groups etc.
- Network of all Hessian institutions that deal with the topic of cancer
- Prevention services, informational events

TOPIC SPECIFIC CONTACT AGENCIES

German Fatigue Association, a registered association
(Deutsche Fatigue Gesellschaft e.V.)
Maria-Hilf-Straße 15
50667 Köln

Telephone 0221-9311596
www.deutsche-fatigue-gesellschaft.de

- Information about the topic of chronic fatigue with cancer

Association for Biological Cancer Defence – GfBK, a registered association
(Gesellschaft für Biologische Krebsabwehr – GfBK – e.V.)
Beratungsstelle Wiesbaden
Bahnhofstraße 26
65185 Wiesbaden

Telephone 0611-376198
Fax 0611-3086392
www.biokrebs.de

Oedema Clinic Bad Nauheim (Ödemklinik Bad Nauheim)
Klinik Taunus (Deutsche Rentenversicherung Bund)
Abteilung Lymphologie
Lindenstraße 6
62131 Bad Nauheim

Telephone 06032-341-0
reha-klinik.taunus@drv-bund.de

University Centre for Tumour Diseases (Universitäres Centrum für Tumorerkrankungen)
www.uct-frankfurt.de

- Diagnostics and treatment of tumours
- the psycho-oncological and/or palliative medical services are tailored to the individual needs of the patients
- close collaboration with external cooperation partners in Frankfurt and in the Rhine Main area

WOMEN SPECIFIC POINTS OF CONTACT

Komen Germany, a registered association,
association for the cure of breast cancer
(Komen Deutschland e.V.)
Verein für die Heilung von Brustkrebs
Heinrich-Hoffmann-Straße 3
60528 Frankfurt am Main

Telephone 069-67865380
info@komen.de
www.komen.de

- Benefit runs "Race for the Cure", among others in Frankfurt annually on the last Sunday in September
- Awareness campaigns about early detection of breast cancer, such as for example info events in companies
- Projects for supporting the affected and their environment, e.g. brochure series, pink info bags
- Award of grants to model projects working on a cure for breast cancer

Mamazone/Women and Research against Breast Cancer, a registered association
(Mamazone/Frauen und Forschung gegen Brustkrebs e.V.)
Max-Hempel-Straße 3
86153 Augsburg

Telephone 0821-5213144
buero@mamazone.de
www.mamazone.de

- Patient training, information and counselling about diagnostics, early detection and treatment
- Independent data base about clinical trials

Rexrodt von Fircks Foundation (Rexrodt von Fircks Stiftung)
Project "Getting healthy together" („Gemeinsam gesund werden")

www.rvfs.de

- Rehabilitation for mothers suffering from breast cancer and their children

Increasingly the internet is being used in the search for information by cancer patients and their relatives. This source is frequently very useful, however, the reliability and correctness of this information is unfortunately not always easy to judge.

The following lists individual internet pages that provide accurate and current information. There you can generally find additional links to other interesting and reliable pages.

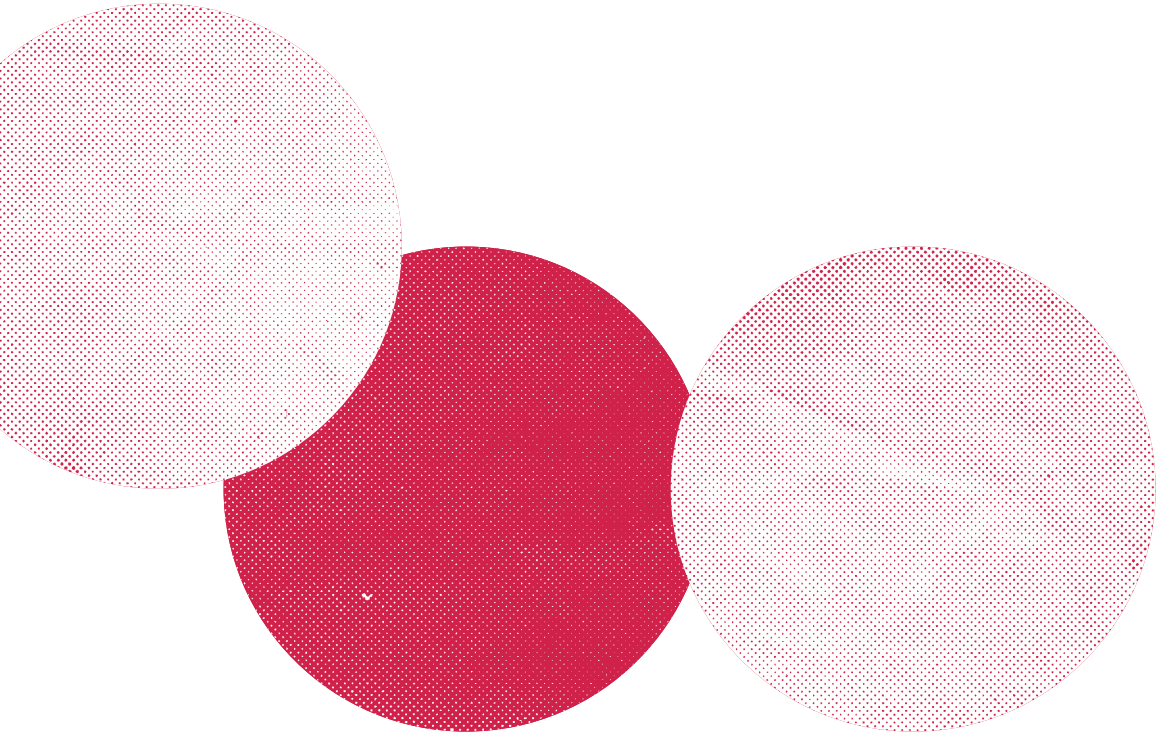
INTERNET ADDRESSES

www.inkanet.de
Information network for those affected by cancer and their relatives with online services by those affected for those affected

www.kinderkrebsinfo.de
Information portal about cancer and diseases of the blood in children and teenagers

www.krebsgesellschaft.de
Information of the German Cancer Society, a registered association (Deutsche Krebsgesellschaft e.V.)

NATIONAL SERVICES



www.krebshilfe.de
Information of the German Cancer Assistance,
a registered association (Deutsche Krebshilfe e.V.)

www.krebsinformationsdienst.de
Information of the German Cancer Research Centre Heidelberg

www.krebskompass.de
Information, chat, newsletter and free internet guide
of the Volker Karl Oehrlich Society, a registered association
(Volker Karl Oehrlich-Gesellschaft e.V.)

www.krebs-webweiser.de
Summary of numerous internet addresses of the
tumour centre Freiburg

www.biokrebs.de
Information about complementary cancer treatments and
holistic methods

www.krebsdaten.de
Current data and information of the Robert Koch Institute
in Berlin regarding cancer diseases

www.hksh-bonn.de
House of Cancer Self Help

Editor (?)
Frauenreferat der Stadt Frankfurt
Hasengasse 4
60311 Frankfurt am Main

Telephone 069-21235319
info.frauenreferat@stadt-frankfurt.de
www.frauenreferat.frankfurt.de

in cooperation with the

Cancer Counselling Agency Frankfurt
of the Hessian Cancer Society, registered association
(Krebsberatungsstelle Frankfurt der
Hessischen Krebsgesellschaft e.V.)

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