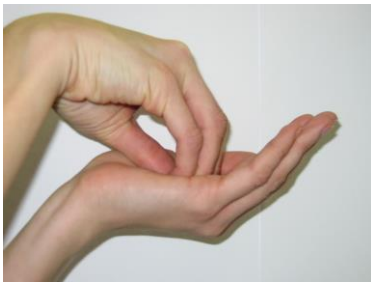


Disinfecting hands



Pour around 3-5 ml of hand disinfectant into the cupped palm of your hand.

Rub the hand disinfectant into your hands until dry.



The hands must be kept moist with disinfectant for the required contact time (usually 30 seconds).

The tips of the fingers and thumbs, the inside areas of the hands and space between the fingers are particularly important here (see pictures opposite).



Only tested hand disinfectants should be used (e.g. list issued by the Verbund der angewandten Hygiene e.V. (VAH – Registered Association of Applied Hygiene)).